

**WOMEN'S HEALTH PROMOTION**  
**PARTNERSHIP PLAN 2014-2015**



living positive victoria



## Women's Health Promotion Partnership Plan

Living Positive Victoria is delighted to announce their Women's Health Promotion Partnership Plan for 2014/15.

This plan augments the existing [Business Plan for 2014/15](#) by defining specific activities and goals that focus upon women living with HIV and encouraging greater and meaningful participation of women in the programs and services offered through Living Positive Victoria. In order to ensure that services are coordinated across delivery sites, partnerships have been defined in conjunction with Straight Arrows and Positive Women Victoria (see appendix notes on this plan from Positive Women Victoria).

Living Positive Victoria is committed to working in collaboration with partners both inside and external to the HIV sector for the shared benefit of PLHIV in Victoria. To determine and describe the range of collaborative agreement on areas of work and projects, the organisation uses the Himmelman definitions as per below to describe the range of partnership options available.

**Networking partner** is defined as exchanging information for mutual benefit; it does not require much time or trust nor the sharing of resources. It is a very useful strategy for organisations that are in the initial stages of working relationships.

**Coordinating partner** is defined as exchanging information for mutual benefit and altering activities for a common purpose; it requires more time and trust but does not include the sharing resources. Coordinating is often used to create more user-friendly access to programs, services, and systems.

**Cooperating partner** is defined as exchanging information, altering activities, and sharing resources for mutual benefit and a common purpose; it requires significant amounts of time, high levels of trust, and a significant sharing of human, financial and/or intellectual resources. Cooperating may require complex organisational processes and agreements in order to achieve the expanded benefits of mutual action.

**Collaborating partner** is defined as exchanging information, altering activities, sharing resources, and a willingness to enhance the capacity of another for mutual benefit and a common purpose; it requires the highest levels of trust, considerable amounts of time, and an extensive sharing of human, financial and/or intellectual resources. Collaboration also involves sharing risks, resources, and rewards and, when fully achieved, can produce the greatest benefits of mutual action.

*Himmelman, A. T. (2001). On coalitions and the transformation of power relations: Collaborative betterment and collaborative empowerment. American Journal of Community Psychology, 29(2), 277-284.*

If you have any questions, or would like further information about the programs and services described in this plan, please contact our Executive Officer, Brent Allan on [ballan@livingpositivevictoria.org.au](mailto:ballan@livingpositivevictoria.org.au) or (03) 9863 8733.

**Ian Muchamore**

President, Living Positive Victoria



## Strategic Goal 3 – A model community organisation that has sustainable development and excellence in governance and operations

### Objectives

- 3.1 Excellence in corporate governance
- 3.2 Support capacity development for people living with HIV
- 3.3 Ensure the financial sustainability of Living Positive Victoria
- 3.4 Promote the work of Living Positive Victoria
- 3.5 Evaluate and reflect on our performance
- 3.6 Mapping our partnerships

Action	Timeframes	Partnership
<p><b>Title: Volunteer Program</b>  <i>Recruit, train and support women to the volunteer program among Coventry House partners</i></p>	<p>Q1 Q2 Q3 Q4</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner – in kind recruitment</li> <li>• PWV - Coordinating partner – in kind recruitment</li> <li>• VAC – Networking partner</li> </ul>
<p><b>Title: Gender Equality Team</b>  <i>Assess the gender equity strategies of the organisation</i></p>	<p>Q3 Q4</p>	<ul style="list-style-type: none"> <li>• Straight Arrows - Cooperating partner – in kind recruitment, promotion</li> <li>• PWV - Cooperating partner – in kind recruitment, promotion</li> <li>• VAC – Networking partner</li> </ul>



## Strategic Goal 2 – Effective advocacy that enables and empowers individual and community participation

### Objectives

- 2.1 Advocate for and employ evidence-based policy
- 2.2 Support and empower people living with HIV to participate on advisory structures
- 2.3 Provide direct advice, guidance and representation on HIV advocacy issues
- 2.4 Combat HIV-related discrimination and stigma.
- 2.5 Promote awareness of the rights of people living with HIV
- 2.6 Strengthen our engagement with members and the broader positive population

Action	Timeframes	Partnership
<p><b>Title: World AIDS Day</b>  <i>Identify, support and develop female speaker to present at event on issues facing women living with HIV</i></p>	Q2	<ul style="list-style-type: none"> <li>• Straight Arrows – Networking partner</li> <li>• PWV – Networking partner</li> <li>• VAC – Networking partner</li> </ul>
<p><b>Title International AIDS Candlelight Memorial</b>  <i>Identify, support and develop female speaker to present at event on issues facing women living HIV</i></p>	Q4	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner – in-kind promotion</li> <li>• PWV – Cooperating partner – in-kind recruitment, promotion</li> <li>• VAC – Collaborating partner – financial contribution, in-kind recruitment and promotion</li> </ul>
<p><b>Title: World AIDS Day</b>  <i>Recruit, train and support women to deliver key messages on prevention, education, harm reduction and the promotion of safer behaviour</i></p>	Q1 Q2 Q3 Q4	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner – in-kind recruitment</li> <li>• PWV – Collaborating partner - in-kind recruitment, resources e.g. peer support (existing MOU)</li> <li>• VAC – Networking partner</li> </ul>

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Action	Timeframes	Partnership
<p><b>Title: ENUF Campaign</b>  <i>Continue the rollout of the ENUF campaign and engage women to submit stories of challenging HIV stigma and promoting resilience</i></p>	<p>Q2 Q3</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner – in-kind recruitment, promotion</li> <li>• PWV – Coordinating partner - in-kind recruitment</li> <li>• VAC – Networking partner</li> </ul>
<p><b>Title: Membership</b>  <i>Actively recruit women living with HIV and their supporters to join the agency and become a member</i></p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner – in-kind recruitment, promotion</li> <li>• PWV – Coordinating partner – in-kind recruitment, promotion</li> <li>• VAC – Networking partner</li> </ul>
<p><b>Title: FLIP – Financial Learning and Independence Program Outreach</b>  <i>Provide financial assistance to women wishing to return to work/study and for immediate crisis.</i></p>	<p>Ongoing</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner – in kind service identification, promotion</li> <li>• PWV – Coordinating partner – in-kind service identification, promotion</li> <li>• VAC – Networking partner</li> </ul>
<p><b>Title: Expanded peer support for women</b>  <i>Map and report on a hub and spoke model for expanded peer support for women.</i></p>	<p>Q3</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Cooperating partner</li> <li>• PWV – Cooperating partner</li> <li>• VAC – Networking partner</li> </ul>



# Strategic Goal 1 - Excellent health promotion programs and services that inform and enable wellbeing

## Objectives

- 1.1 Promote effective health and wellbeing strategies and skills which empower people living with HIV and the broader population
- 1.2 Recognise and support the diversity of people living with HIV and those affected by HIV
- 1.3 Support “combination prevention” strategies
- 1.4 Promote, value and utilise peer-based approaches
- 1.5 Develop targeted, culturally appropriate health promotion strategies
- 1.6 Develop and deliver social inclusion and resilience- building programs
- 1.7 Work collaboratively with our partner organisations as part of a coordinated response

Action	Timeframes	Partnership
<p><b>Title: Treatment Interactive Events (Community Forums)</b>  <i>Information to support women living with HIV in managing health and wellbeing (One forum to be held on Children and Families)</i></p>	Q4	<ul style="list-style-type: none"> <li>• Straight Arrows – Collaborating Partner – planning, in-kind support, content development</li> <li>• PWV – Cooperating partner – in-kind support, promotion</li> <li>• VAC – Cooperating partner - in-kind support, promotion</li> </ul>
<p><b>Title: Planet Positive</b>  <i>Deliver quarterly social events to engage and support women living with HIV in managing a wide range of barriers to social inclusion.</i></p>	Q1 Q2 Q3 Q4	<ul style="list-style-type: none"> <li>• Straight Arrows – Cooperating partner - promotion</li> <li>• PWV – Cooperating partner - promotion</li> <li>• VAC – Networking partner</li> </ul>
<p><b>Title: Xmas Hampers</b>  <i>Deliver Xmas hampers to women living with HIV at hospital or at home.</i></p>	Q2	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner – in kind recipient identification</li> <li>• PWV – Coordinating partner – in kind recipient identification</li> <li>• VAC – Networking partner</li> </ul>

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<p><b>Title: Phoenix (Stepping Stones)</b>  <i>Development and delivery of workshop for newly diagnosed women with HIV</i></p>	<p>Q4</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Cooperating partner – recruitment and promotion</li> <li>• PWV – Cooperating partner – in-kind development, recruitment and promotion</li> <li>• VAC – Network partner</li> </ul>
<p><b>Title: Quit</b>  <i>Promote wellbeing by providing smoking cessation program (group/one-on-one) to women living with HIV</i></p>	<p>Q4</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Networking partner</li> <li>• PWV – Coordinating partner – in-kind promotion</li> <li>• VAC – Networking partner</li> </ul>
<p><b>Title: Generation Y Girls Group</b>  <i>Social/Support group for women living with HIV 30s and under</i></p>	<p>Q4</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Cooperating partner – in-kind recruitment and support</li> <li>• PWV – Cooperating partner – in-kind development, recruitment, promotion</li> <li>• VAC – Networking partner</li> </ul>
<p><b>Title: Positive Leadership Development Institute</b>  <i>Recruit women to participate in leadership development course for PLHIV</i></p>	<p>Q2</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner – in-kind support, promotion, recruitment</li> <li>• PWV – Coordinating partner – in-kind support, promotion, recruitment</li> <li>• VAC – Collaborating partner</li> </ul>
<p><b>Title: Poslink</b>  <i>Production of newsletter dedicated to issues affecting women living with HIV (Children and families)</i></p>	<p>Q1 Q2 Q3 Q4</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Collaborating partner – planning, promotion and provision of content</li> <li>• PWV – Collaborating partner – planning , promotion and provision of content</li> <li>• VAC – Cooperating partner – provision of content</li> </ul>
<p><b>Title: Positive Speakers Senior Voices Project</b>  <i>Recruit, train and support female speakers aged 50 or above to educate aged care providers and facilities staff</i></p>	<p>Q1 Q2 Q3 Q4</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner – in kind recruitment</li> <li>• PWV – Coordinating partner – in kind recruitment</li> <li>• VAC – Networking partner</li> </ul>
<p><b>Title: Festival Outreach</b>  <i>Provide a presence at community festivals/events to promote activities of partner agencies and health promotion messages for women living with HIV</i></p>	<p>Q2 Q3</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner</li> <li>• PWV – Coordinating partner</li> <li>• VAC – Networking partner</li> </ul>

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<p><b>Title: Poslink Express</b>  <i>Production of E-version of Poslink members' newsletter with regular news, information and activities on issues affecting women living with HIV</i></p>	<p>Q1 Q2 Q3 Q4</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner</li> <li>• PWV – Cooperating partner – sourcing/providing content, promotion of services</li> <li>• VAC – Networking partner</li> </ul>
<p><b>Title: In the Loop Workshop</b>  <i>Support and information workshop for family, friends and partners of women living with PLHIV.</i></p>	<p>Q1 Q4</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Coordinating partner – in-kind promotion and recruitment</li> <li>• PWV – Coordinating partner – in-kind promotion and recruitment</li> <li>• VAC/GMHC – Collaborating Partner - co-facilitation, in-kind promotion and recruitment</li> </ul>
<p><b>Title: Extending 2014/15 Women's health promotion plan</b>  <i>Extend plan in 2015/16 in order to better capture activities and support for women across partnerships.</i></p>	<p>Q3</p>	<ul style="list-style-type: none"> <li>• Straight Arrows – Collaborating partner</li> <li>• PWV – Collaborating partner</li> <li>• VAC/GMHC – Collaborating partner</li> </ul>